Islington Young People's Drug and Alcohol Service

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If you are aged 12 to 21 and want free, confidential advice about drugs and alcohol, we can help.

This service is provided by Islington's Youth Counselling, Substance Misuse and Alcohol Service (YCSMAS)





How we can help?

We work with people from the age of 12 to 21 who live, work or study in Islington who are using or being affected by drugs, alcohol or solvents like glue.

We will help you by:

- giving you honest information on how drugs, alcohol and any substances that you use work
- exploring your experiences without any judgement
- supporting and working with you to identify any risks that they may cause harm
- providing targeted one-to-one support to explore harm reduction strategies

We can also help if you are worried about a friend or family member that feel is being affected by drug or alcohol use.

Worried about people finding out?

We are a confidential service.

Anything you tell our workers will not be discussed with anyone else without your permission. If we are worried about your safety and need to break confidentiality, we would always try our best to talk it through with you first.

What happens next?

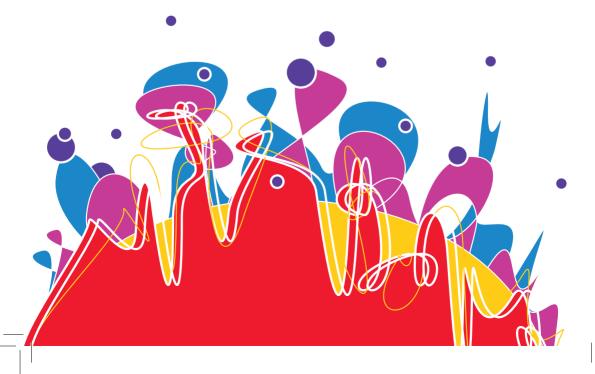
For advice, information or to arrange a meeting with one of our trained substance misuse workers, call us on **020 7527 5099** or email us at **ycsmas@islington.gov.uk**

If you prefer, you also can get someone else you trust to make the call on your behalf.

If you choose to have sessions with us, they can be held in a place that is best for you and where you will feel comfortable.

Places we can meet you include:

- Our offices
- Your home
- School or college
- Islington youth hubs Platform, Lift, Rose Bowl, Zone, etc



We have helped lots of young people and we can help you too!

"I've been working with IYPDAS for a long time now and it's helped me so much. Everything they do, they do because they care."

Young person, age 13

Contact us at

IYPDAS 50 Isledon Road, London, N7 7LD

T 020 7527 5099 E ycsmas@islington.gov.uk

Getting to our offices

Trains & Tubes: Finsbury Park (Victoria Line)

Buses:

4, 29, 253, 254, 259

