



# IYPDAS

## Islington Young People's Drug and Alcohol Service

If you are aged 12  
to 21 and want free,  
confidential advice  
about drugs and  
alcohol, we can help.

This service  
is provided  
by Islington's  
Youth Counselling,  
Substance Misuse  
and Alcohol Service  
(YCSMAS)

**NHS**  
*Islington*

 **ISLINGTON**  
For a more equal future

## How we can help?

We work with people from the age of 12 to 21 who live, work or study in Islington who are using or being affected by drugs, alcohol or solvents like glue.

We will help you by:

- giving you honest information on how drugs, alcohol and any substances that you use work
- exploring your experiences without any judgement
- supporting and working with you to identify any risks that they may cause harm
- providing targeted one-to-one support to explore harm reduction strategies

We can also help if you are worried about a friend or family member that feel is being affected by drug or alcohol use.

## Worried about people finding out?

**We are a confidential service.**

Anything you tell our workers will not be discussed with anyone else without your permission. If we are worried about your safety and need to break confidentiality, we would always try our best to talk it through with you first.



# What happens next?

For advice, information or to arrange a meeting with one of our trained substance misuse workers, call us on **020 7527 5099** or email us at **[yctsmas@islington.gov.uk](mailto:yctsmas@islington.gov.uk)**

If you prefer, you also can get someone else you trust to make the call on your behalf.

If you choose to have sessions with us, they can be held in a place that is best for you and where you will feel comfortable.

Places we can meet you include:

- Our offices
- Your home
- School or college
- Islington youth hubs – Platform, Lift, Rose Bowl, Zone, etc



**We have helped lots of young people and we can help you too!**

**“I’ve been working with IYPDAS for a long time now and it’s helped me so much. Everything they do, they do because they care.”**

**Young person, age 13**

**Contact us at**

IYPDAS  
50 Isledon Road,  
London, N7 7LD

**T** 020 7527 5099  
**E** [yccsmas@islington.gov.uk](mailto:yccsmas@islington.gov.uk)

**Getting to our offices**

Trains & Tubes:  
Finsbury Park (Victoria Line)

**Buses:**

4, 29, 253, 254, 259

