

STARTING 24TH SEPTEMBER 2024

WHEN: Tuesdays, 4.30 pm - 6.00 pm

WHERE: Camden Boxing Club NW1 8NX



FIGHT CONNECT

is a boxing group for young people aged 12-15 to support emotional wellbeing.

 @IYCBoxing

isy@inyourcorner.uk

07858 568244



**IN YOUR
CORNER**



**NOT GETTING ON WITH
FRIENDS OR FAMILY?**

ANGRY? STRESSED?

LOW IN CONFIDENCE?

GETTING IN TO TROUBLE?

THEN CHECK OUT THIS GROUP!

**Make new friends, get some time out of your head,
learn boxing skills and understand your feelings**