Who we are

Better Lives Family Service provide therapeutic support to children and families where a parent or carer uses alcohol or other drugs. We also provide support to families, partners and friends in Islington who are affected by someone else's substance misuse.

We know that no one sets out to have a problem with drugs or alcohol but that sometimes things can escalate out of control. When this happens it can have a long lasting impact on family life and relationships for everyone in the family, especially for children.

We offer non-judgemental support from committed staff and treat each family and individual as unique, with their own strengths and needs.

We believe that people can build upon their strengths to achieve lasting positive change.

For further information regarding group times or to make a referral please contact the service or visit: www.candi.nhs.uk/BetterLives

Opening times

Monday to Friday, 10am - 6pm All assessments are by appointment. Late opening on Thursday until 7.30pm

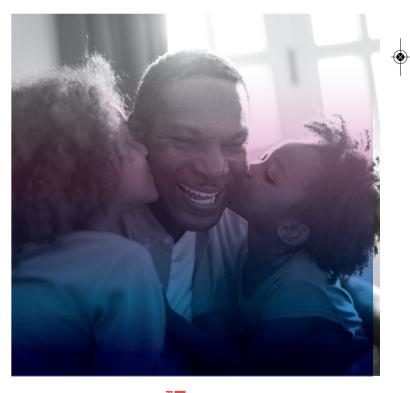
Contact details:

O20 3317 7437
O20 3317
O20
O20 3317
O20
O2

BetterLivesFamily@Candi.nhs.uk



Family Service









How to access our service

Better Lives Family Service is easy to access and can be done by:

Self-referral: Email or ring us anytime during our opening hours to make a self-referral. We will ask you for some information to see whether our service is right for you. We will then offer you an appointment.

Professional referral: Referrals are welcome from any professional who works with Islington families. Ring our service anytime during opening hours.

We can also refer families and their individual members to a wide range of Islington services if they need additional advice and support.

We support

- Families who live in, or have a connection to, Islington with children under 18.
- Parents, children and young people who are concerned about these issues and would like to talk to someone.
- Any adult affected by someone else's drug or alcohol use in Islington.
- Professionals working with families affected by parental alcohol or drug use.

We will

- Work with the whole family, partners and friends to help reduce the difficulties caused by alcohol or drug use including helping to strengthen parent-child relationships.
- Provide regular space and time with experienced workers who have helped many families, children, partners and friends to make lasting positive change in their lives.
- Provide sessions to help develop and strengthen parenting skills.

Confidentiality

At Better Lives Family Service we understand that confidentiality is important in building a relationship of trust. We will explain all aspects of confidentiality when we meet with you. Anything you discuss with us will normally remain confidential to the team unless there are concerns that a child or adult is at risk of significant harm. Wherever possible we would discuss this with you before sharing information with another agency.

Where we are

The Better Lives Family Service runs from:



28b King Henry's Walk, London, N1 4PB

We are based a short walk from Dalston Kingsland and Dalston Juction stations.