



At Islington CAMHS, we offer children's fiction and parenting books on prescription to members of our community. This is based at North Library which is just across the road from the Northern Health Centre. We also offer an option to get the books you chose delivered to your local library for your convenience.

WHAT BOOKS ARE AVAILABLE?

FICTION:

- *Goodnight moon* by Maragaret Brown
- *Llama Llama and the Bully Goat* by Anna Dewdney
- *Llama Llama Mad at Mama* by Anna Dewdney
- *Llama Llama Misses Mama* by Anna Dewdney
- *Llama Llama Nighty-Night* by Anna Dewdney
- *Llama Llama Wakey-Wake* by Anna Dewdney
- *The Heart and the Bottle* by Oliver Jeffers
- *Where the Wild Things Are* by Maurice Sendak

NON-FICTION:

- *Understanding your one-year-old* by Gustavus-Jones, Sarah
- *Understanding your two-year-old* by Miller, Lisa
- *Understanding your three-year-old* by Louise Emanuel
- *Understanding 4-5 year-olds* by Lesley Maroni
- *Understanding 6-7-year-olds* by Corrine Eves,
- *Understanding 8-9-year-olds* by Biddy Youell
- *Understanding 10-11-year-olds* by Rebecca Bergese
- *Understanding 12-14-year-olds* by Waddell, Margot
- *Overcoming Low Self-Esteem* by Melanie J.Fennell
- *Michael Rosen's sad book* by Michael Rosen

NON-FICTION:

- *How to be yourself in a world that's different:an Asperger Syndrome study guide for adolescents* by Yuko Yoshida
- *Understanding A.D.H.D.:a parent's guide to Attention Deficit Hyperactivity Disorder in children* by Christophe Green
- *Asperger's syndrome:a guide for parents and professionals* by Tony Attwood
- *Constipation, withholding and your child:a family guide to soiling and wetting* by Anthony Cohn
- *Solve your child's sleep problems:the world's bestselling guide to helping your child sleep through the night* by Richard Ferber
- *Breaking free from OCD:a CBT guide for young people and their families* by Jo Derisley
- *Parenting the ADD child:can't do? won't do?* by David Pentecost
- *Teach your child to sleep:solving sleep problems from newborn through childhood*
- *The incredible years:a trouble-shooting guide for parents of children aged 2-8 years* by Carolyn-Webster-Stratton
- *Understanding your baby* by Sophie Boswell
- *New toddler taming:a parents' guide to the first four years* by Christophe Green
- *Raising boys:why boys are different - and how to help them become happy and well-balanced men* by Steve Biddulph
- *Overcoming Your Child's Fears and Worries* by Lucy Willetts